

# Protect Yourself From Mold



When returning to a home that has been flooded, be aware that mold might be present and might be a health risk for your family.

People with asthma, allergies, immune suppression, or other breathing conditions can be more sensitive to mold.

## You may recognize mold by:

- **Sight** (Are the walls and ceiling discolored, or do they show signs of mold growth or water damage?)
- **Smell** (Do you smell a bad odor, such as a musty, earthy smell or a foul stench?)

## To prevent mold growth:

- **Open doors and windows.** Use fans to dry out the building. Remove all items that have been wet for more than 48 hours and that cannot be thoroughly cleaned and dried.
- **To remove or prevent mold growth from hard surfaces use commercial products, soap and water, or a bleach solution of no more than 1 cup of bleach in 1 gallon of water.\***

\*Always follow the manufacturer's instructions when using bleach or any other cleaning product.

If you are cleaning a school or commercial building please consult EPA Indoor Air Quality Information at [http://www.epa.gov/mold/mold\\_remediation.html](http://www.epa.gov/mold/mold_remediation.html).



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**For more information  
call 615-340-7775**